



**Yukon Communicable Disease Control**  
**4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**

October 1, 2021

Dear parents, guardians, participants and attendees,

This letter is to inform you that Yukon Communicable Disease Control (YCDC) has been made aware of a **positive case of COVID-19 affecting the Carcross Recreation Activities – Judo event**, held from 18:00 – 20:00 on September 22, 2021 at the Ghùch Tlà Community School Gymnasium.

COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or by touching surfaces contaminated by the virus with your hands and then touching your face before washing your hands. You or your child may receive multiple exposure notices for different events. If you have received advice to self-isolate and also advice to self-monitor, then you should self-isolate. If you have received different dates for the duration of your self-isolation or self-monitoring, then use the latest date (longest duration).

A risk assessment has been completed by YCDC, in consultation with a Medical Officer of Health. After careful analysis, **we recommend that everyone who attended the event self-monitor for symptoms through October 6th**. It is very important that if any symptoms develop, no matter how mild, you do not go to work or school and you arrange for testing.

Please monitor for any of these signs/symptoms of COVID-19. They include:

- |                              |  |                              |
|------------------------------|--|------------------------------|
| • <b>Fever</b>               | • <b>Sore throat</b>                     | • <b>Loss of appetite</b>    |
| • <b>Chills</b>              | • <b>Loss of sense of taste or smell</b> | • <b>Nausea and vomiting</b> |
| • <b>Cough</b>               | • <b>Headache</b>                        | • <b>Diarrhea</b>            |
| • <b>Shortness of breath</b> | • <b>Fatigue</b>                         | • <b>Muscle aches</b>        |
| • <b>Runny nose</b>          |  |                              |

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you develop any symptoms, no matter how mild, contact the **Carcross Health Centre at 867-821-4444**.

You can also contact **the COVID Testing and Assessment Centre (CTAC) in Whitehorse at 867-393-3083**.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see [yukon.ca/en/covid-19-information](https://yukon.ca/en/covid-19-information)