



**Yukon Communicable Disease Control
4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**

October 1, 2021

Dear parents, guardians, participants and attendees,

This letter is to inform you that Yukon Communicable Disease Control (YCDC) has been made aware of a **positive case of COVID-19 affecting the Carcross/Tagish First Nation Youth Night**, held from 16:00 – 18:00 on September 22, 2021 at the Carcross/Tagish First Nation Capacity Building.

Attendees connected to the above event have been identified as close contacts of COVID-19. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or by touching surfaces contaminated by the virus with your hands and then touching your face before washing your hands. You or your child may receive multiple exposure notices for different events. If you have received advice to self-isolate and also advice to self-monitor, then you should self-isolate. If you have received different dates for the duration of your self-isolation or self-monitoring, then use the latest date (longest duration).

A risk assessment has been completed by YCDC, in consultation with a Medical Officer of Health. After careful analysis, we recommend the following for attendees connected to the above event:

- **If you have received 2 doses of COVID-19 immunization, with the last dose prior to September 8th, 2021, and you are not significantly immunosuppressed due to illness or medication, we recommend self-monitor for symptoms through October 6th, inclusive.** It is very important that if any symptoms develop, no matter how mild, you do not go to work and arrange for testing.
- **If you are partially-vaccinated (1 dose only) or unvaccinated, or are fully immunized but with significant immunosuppression, you are recommended to self-isolate until October 2nd, inclusive, and then self-monitor for symptoms through October 6th, inclusive.** It is very important that if any symptoms develop, no matter how mild, that you arrange for testing.

Symptoms to self-monitor for include:

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| • Fever | • Sore throat | • Loss of appetite |
| • Chills | • Loss of sense of taste or smell | • Nausea and vomiting |
| • Cough | • Headache | • Diarrhea |
| • Shortness of breath | • Fatigue | • Muscle aches |
| • Runny nose | | |

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you develop any symptoms, no matter how mild, contact the **Carcross Health Centre at 867-821-4444**. When calling the health center please mention that you are part of the Carcross/Tagish First Nation Youth Night notifications.

You can also contact **the COVID Testing and Assessment Centre (CTAC) in Whitehorse at 867-393-3083**. When calling CTAC, please mention that you are part of the Carcross/Tagish First Nation Youth Night notifications.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see yukon.ca/en/covid-19-information

